

To Students on Shikata Campus

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### Instructions for activities and travel outside the prefecture during New Year holidays

The following instructions apply to all undergraduate students on Shikata campus, and graduate students who do not have direct contact with patients regardless of their year in school. During the New Year holiday period, all students must observe the following precautions and act responsibly as a healthcare professional. Also, if you return home for the holidays, please take utmost precaution against infection transmission from and to others around you, do not go outside the area of your hometown, and act responsibly.

Please note that the policy is subject to sudden change depending on the situation of infection.

#### ■ Instructions during the New Year holidays:

**Duration:** At the end of last class in December to the day before the first class in January

#### ● Before traveling outside the prefecture:

Undergraduate students must submit the prescribed form “Application and Report for Travel Outside the Prefecture (県外移動申請・報告書)” beforehand. (The submission procedure varies depending on the department.) The form can be downloaded from [http://www.hsc.okayama-u.ac.jp/mdps/news\\_1383.html](http://www.hsc.okayama-u.ac.jp/mdps/news_1383.html)  
Graduate students who do not have close contact with patients must report to a supervising professor but submission of the form is not required.

\*Undergraduate students must limit the purpose of travel to either returning home or urgent/necessary matters when traveling to priority alert areas. Traveling for leisure and sight-seeing purposes is not permitted.

#### ● After returning to Okayama prefecture:

Undergraduate students must submit the “Checklist after returning to Okayama” upon returning to Okayama prefecture. (The submission procedure varies depending on the department.) Graduate students who do not have close contact with patients are not required to submit the checklist and are not subject to any of the following restrictions.

\*Restrictions after returning to the Okayama prefecture:

##### ○ Returned from areas other than the priority alert areas:

Students are allowed to enter Shikata Campus if there is no symptom. Stay-home period is not required.

##### ○ Returned from the priority alert areas:

The following conditions apply, provided that there is no symptom:

- Those who have completed two doses of COVID-19 vaccination and passed 14 days after the second dose at the time of traveling outside the prefecture are allowed to enter Shikata campus only if they strictly observed the precautions below. Neither stay-home period nor PCR test is required.

- Those who had NOT completed two doses of COVID-19 vaccination or had NOT passed 14 days after the second dose at the time of traveling outside the prefecture are required to stay home for 14 days (336 hours), or take PCR test (performed after 4 days (96 hours) for nasopharyngeal swab, or 5 days (120 hours) for saliva of returning) and provide a negative test result before entering the campus.

**Precautions:**

- Continue to take measures to prevent infection even after completion of two doses of vaccination as there is still a possibility of infection.
- Follow the prevention measures such as hand disinfection, wearing a mask and keeping social distance, and avoid crowded places.
- Do not participate in events gathered by crowds, such as amusement park, concert, theater/play, sports match/game, group tour, etc.
- Avoid using Karaoke places and sports gyms
- When moving to places, make sure to wear a mask and avoid 3C's environment (No restrictions on the means of transportation)
- Avoid having meals with someone other than family members, and observe the rules such as staying silent while eating, wearing a mask when talking, and no more than four at a table.
- Thoroughly consult with family members beforehand when considering to return home in the priority alert area
- Prepare to submit the record of your whereabouts throughout your travel upon request.

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\* “Graduate students who are in close contact with patients or who work in the hospital” must observe the rules of Okayama University Hospital.

\*Priority Alert areas as of November 4, 2021 (Announced on the hospital website) :

Hokkaido, Saitama, Tokyo, Chiba, Kanagawa, Aichi, Osaka, Hyogo(Amagasaki, Nishinomiya, Kobe only), Fukuoka, Okinawa, and overseas countries

\*Fees of PCR Test must be incurred by students. The result of a test using a test kit is not accepted.

## Checklist after returning to Okayama (for the New Year holiday period)

Date:     /     /     (yyyy/mm/dd)

Faculty/Graduate School	
Student No.	
Name	
Period of traveling outside the prefecture (yyyy/mm/dd)	/ / ( ) ~ / / ( )
Prefecture/City of Destination	
Requirement(s)/Other remarks	

1. Return date(yyyy/mm/dd): (     /     /     )

- Body temperature on the day of return (     C°) \*Taking your temperature is mandatory.

If you check any of the “Yes” below, you may not be allowed to enter the Shikata campus.

If that is the case, please contact the designated Academic Affairs Section at your earliest convenience.

2. Check the box that applies to you on the day of return (✓ or ■):

- Have a temperature of 37.5 C° or higher (or + 1 C° or higher than usual)  Yes  No
- Have symptoms such as cough, runny nose, sore throat, shortness of breath or sense of fatigue/tiredness  Yes  No
- Abnormal sense or loss of smell/taste (Olfactory dysfunction)  Yes  No

3. Check the box that applies to your situation during the summer holiday period (✓ or ■):

- Had either of the symptoms mentioned under 2. above  Yes  No
- Had direct contact with someone infected with COVID-19  Yes  No
- Had direct contact with someone who had the symptoms mentioned under 2. above  Yes  No
- Participated in events gathered by crowds such as amusement park, concert, theater/play, sports match/games, group tour, etc., or used Karaoke or sports gym, etc.  Yes  No
- (If you returned home) Had a meal with someone other than family members, or there was an occasion where you did not follow the rules (staying silent while eating, wearing a mask when talking, and no more than four at a table) when having meals with your family members  Yes  No
- (If you returned home) Went outside the premises or surrounding areas of residence, or went outside of the prefecture where the residence is located.  Yes  No  
(If “Yes”, state the place you moved to →     )  
(If “Yes”, state the purpose of your movement→     )

4. If there is anything else that should be noted, please describe it below:

(     )

Confirmed by:

Title: \_\_\_\_\_ Name: \_\_\_\_\_ Date confirmed: \_\_\_\_\_