

To Students on Shikata Campus

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Instructions on activities and travel outside the prefecture during the Summer holidays

The following instructions apply to all undergraduate students on Shikata campus, and graduate students who do not have direct contact with patients regardless of their year in school. During the summer holiday period, All students must observe the following precautions and act responsibly as a healthcare professional. Also, if you return home for the holidays, please take utmost precaution against infection transmission from and to others around you, do not go outside the area of your hometown, and act responsibly.

Please note that the policy is subject to sudden change depending on the situation of infection.

■ Instructions during the Summer holidays:

● Before going outside the prefecture:

Please, submit the prescribed form “Application and Report for Travel Outside the Prefecture (県外移動申請・報告書)” beforehand. (The submission procedure varies depending on the department)

*Travel to frequent occurrence areas must be limited to the cases of returning home or urgent/necessary matters. Traveling for leisure and sight-seeing purposes is not permitted.

● After returning to Okayama prefecture:

Please, submit the “Checklist after returning to Okayama (for the summer holiday period)” upon returning to Okayama prefecture. (The submission procedure varies depending on the department)

*To do after returning to the Okayama prefecture:

○ Returned from areas other than the frequent occurrence areas:

Students are allowed to enter Shikata Campus. Stay-home period is not required

○ Returned from the frequent occurrence areas:

Assuming there is no symptom:

- Those who have completed two doses of COVID-19 vaccination and passed 14 days after the second dose at the time of traveling outside the prefecture are allowed to enter Shikata campus only if they strictly observed the precautions below. Neither stay-home period or PCR test is required.
- Those who have NOT completed two doses of COVID-19 vaccination and have NOT passed 14 days after the second dose are required to stay home for 14 days (336 hours), or take PCR test (performed after 4 days (96 hours) for nasopharyngeal swab, or 5 days (120 hours) for saliva of returning) and provide a negative test result before entering the campus.

Precautions:

- Continue to take measures to prevent infection even after completion of two doses of vaccination as there is still a possibility of infection.
- Follow the prevention measures such as hand disinfection, wearing masks, keeping social distance, and avoid

crowded places.

- Do not participate in events gathered by crowds, such as amusement park, concert, theater/play, sports match/game, group tour, etc.
- Avoid using Karaoke places and sports gyms
- When moving to places, make sure to wear a mask and avoid 3C's environment (No restrictions on the means of transportation)
- Avoid having meals with someone other than family members, and observe the rules such as staying silent while eating, wearing a mask when talking, and no more than four at a table.
- Thoroughly consult with family members beforehand when considering to return home in the frequent occurrence area
- Prepare to submit the record of your whereabouts throughout your travel upon request.

* "Graduate students who have direct contact with patients" must observe the rules of Okayama University Hospital.

*Frequent occurrence areas as of July 12, 2021:

Hokkaido, Saitama, Tokyo, Chiba, Kanagawa, Aichi, Osaka, Hyogo (Amagasaki, Nishinomiya, Kobe only), Fukuoka, Okinawa, and overseas countries

*Fees of PCR Test must be incurred by students. If you would like to take the PCR test, please consult individually. The result of a test using a test kit is not accepted.

Checklist after returning to Okayama (for the summer holiday period)

Date: / / (yyyy/mm/dd)

Faculty/Graduate School	
Student No.	
Name	
Period of traveling outside the prefecture (yyyy/mm/dd)	/ / () ~ / / ()
Prefecture/City of Destination	
Requirement(s)/Other remarks	

1. Return date(yyyy/mm/dd): (/ /)

- Body temperature on the day of return (C°) *Taking your temperature is mandatory.

If you check any of the “Yes” below, you may not be allowed to enter the Shikata campus.

If that is the case, please contact the designated Academic Affairs Section at your earliest convenience.

2. Check the box that applies to you on the day of return (✓ or ■):

- Have a temperature of 37.5 C° or higher (or + 1 C° or higher than usual) Yes No
- Have symptoms such as cough, runny nose, sore throat, shortness of breath or sense of fatigue/tiredness Yes No
- Abnormal sense or loss of smell/taste (Olfactory dysfunction) Yes No

3. Check the box that applies to your situation during the summer holiday period (✓ or ■):

- Had either of the symptoms mentioned under 2. above Yes No
- Had direct contact with someone infected with COVID-19 Yes No
- Had direct contact with someone who had the symptoms mentioned under 2. above Yes No
- Participated in events gathered by crowds such as amusement park, concert, theater/play, sports match/games, group tour, etc., or used Karaoke or sports gym, etc. Yes No
- (If you returned home) Had a meal with someone other than family members, or there was an occasion where you did not follow the rules (staying silent while eating, wearing a mask when talking, and no more than four at a table) when having meals with your family members Yes No
- (If you returned home) Went outside the premises or surrounding areas of residence, or went outside of the prefecture where the residence is located. Yes No
(If “Yes”, state the place you moved to →)
(If “Yes”, state the reasons for your movement→)

4. If there is anything else that should be noted, please describe it below:

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Confirmed by:

Title: _____ Name: _____ Date confirmed: _____