

Deans Isao Date
 Satoshi Hirohata
 Shinichi Toyooka
 Naoya Oohara
 Mitsunobu Kano
 Yoshinobu Maeda

Countermeasures to Prevent the Spread of New Coronavirus (COVID-19) Infections

The priority alert areas designated by Okayama University Hospital is now “overseas countries” only. Accordingly, as of November 10, 2022, the following rules will apply to all undergraduate and graduate students of Shikata campus. Please note that those who have patient-facing roles at the hospital should follow the rules and regulations of the Okayama University Hospital.

*Please, contact the respective faculty/graduate school office and self-quarantine if you feel unwell or have any symptoms.

*It is still possible to become infected even if you have completed three doses of COVID-19 vaccines. Therefore, please continue to use utmost caution to prevent infections.

*The following rules are subject to change depending on the situation of COVID-19 infections in the future.

ALL UNDERGRADUATE AND GRADUATE STUDENTS	
Restrictions on movement	<p>[Domestic travel]</p> <ul style="list-style-type: none"> - There are no restrictions on domestic travel. However, please act in accordance with the basic infection control measures (refer to below) <p>[Overseas travel]</p> <ul style="list-style-type: none"> - There are no restrictions on travel to and from overseas for reasons of official business and return to the home country, such as short-term study abroad and academic conference. If you have traveled for any of the above reasons, please act under the responsibility and supervision of your academic supervisor, even if you are fully vaccinated (three doses of vaccines). Also, if you are not fully vaccinated, stay-home period of 5 days (120 hours) or negative result of PCR test taken after 3 days (72 hours) upon arrival in Okayama. *If you are traveling abroad, please inform your academic supervisor in advance. - As for international students who have fully vaccinated with three doses, there are also no restrictions on entry to Shikata campus. On the other hand, the same restrictions mentioned above will apply to the international students who have NOT completed three doses of vaccines. - Please refrain from traveling abroad for personal reasons.
Daily activities	<ul style="list-style-type: none"> - Wear a non-woven mask when conversing - Ensure a well-ventilated environment and sanitize hands frequently - Avoid “3-C”s (Closed and Crowded spaces and Close contact)” situations. - If you have any symptoms such as fever, sore throat, headache, cough, runny nose, fatigue, etc., stay home and get medical care if necessary. If you start experiencing those symptoms while on Shikata campus, immediately go home. - When participating in meals with others, make sure to observe the restrictions below: <ul style="list-style-type: none"> ➢ When eating with non-family members, limit to no more than 4 people, within 2 hours, select a place that takes sufficient measures for infection prevention, and eat and drink in silence. (Wear a mask when conversing) ➢ Follow the instructions above when eating with family members who do not live under the same roof. ➢ Eating lunch alone should be enforced ➢ Refrain from participating in welcome/farewell and year-end/New Year’s parties. No after-hour party is allowed. ➢ Refrain from loud behavior, such as talking loudly in restaurants, shouting at Karaoke, events, sports games, etc.) ➢ Non-clinical resident students must refrain from unnecessarily entering hospital premises (including stores, coffee shops, food court, out-patient waiting area and central pathway in the hospital). Also, refrain from entering clinical departments and hospital offices and departments unnecessarily.
Part-time jobs	<p><u>The following part-time jobs are prohibited for clinical students while those jobs should be voluntarily refrained by non-clinical students:</u></p> <ul style="list-style-type: none"> - Karaoke parlors, restaurants with Karaoke service - <u>Bars/clubs with adult entertainment (cabaret, girls’ bar, host club, etc. in the so-called “nightlife district”)</u> - <u>Restaurants serving alcohol</u>
Vaccination	<p>As for the COVID-19 vaccine, promptly receive the Omicron-specific vaccine. (Those who completed more than two doses of vaccines can receive the vaccine after 3 months of the last vaccination.) Since a double pandemic with influenza is expected this winter, the Influenza vaccine should also be proactively received.</p>
In case of a COVID-19 positive and high-risk contact	<p>Promptly and proactively follow instructions of the staff of the respective faculty/graduate school offices, such as consulting a doctor and testing, as well as requests of investigating sources of infection.</p>

[CONTACT] Each faculty/graduate school office