

To Undergraduate and Graduate Students on Shikata Campus

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Measures related to the Novel Coronavirus (COVID-19) Infection after April 1, 2024

Even after April 1, 2024, various infectious diseases, including COVID-19, continue to be prevalent worldwide. At Okayama University Hospital which treats patients with weakened immune systems, it is necessary to maintain infection prevention measures.

The following measures are required of all undergraduate and graduate students studying at the Shikata campus from April 1, 2024 onward.

*Please, contact the Instruction and Student Section of your faculty/graduate school and stay at home if you feel any change in your health conditions or have any symptoms.

*Those who have patient-facing duties at the hospital should follow the rules and regulations of the Okayama University Hospital.

*The following rules are subject to change depending on the situation of COVID-19 infections in the future.

ALL UNDERGRADUATE AND GRADUATE STUDENTS	
Restrictions on the movement	<p>There are no restrictions on either domestic or overseas travel. However, please observe the following measures.</p> <ul style="list-style-type: none"> - Rest at home if you have any symptoms such as fever (37.5°C or higher, or more than 1.0°C higher than normal temperature), cough, sore throat, stomach pain, nausea, diarrhea, etc. - Avoid “3-C’s (Closed and Crowded spaces, and Close contact)” situations as much as possible. - Wear a mask when conversing loudly in a place where it is not possible to maintain an interpersonal distance of more than one (1) meter. - Proactively receive recommended vaccines for infectious diseases. - When traveling abroad, check the latest information on the prevalence of infectious diseases and methods of infection prevention in the destination country. For example, use the website of the Ministry of Health, Labour and Welfare “To all international travelers”(Japanese only). https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/kenkou/kekkaku-kansenshou18/index_00003.html <p>*Hospital/Clinical trainees should take extra precautions regarding their own behaviors. *Please inform the Instruction and Student Section before traveling abroad.</p>
Daily activities	<p>Please, act in accordance with the basic infection prevention and control measures. The basic measures are as follows.</p> <ul style="list-style-type: none"> - Contact the Instruction and Student Section and rest at home if you have any symptoms such as fever (37.5°C or higher, or more than 1.0°C higher than normal temperature), cough, sore throat, stomach pain, nausea, diarrhea, etc. If these symptoms occur while on Shikata campus, go home immediately. - Whenever possible, care should be taken to avoid the occurrence of “3-C’s (Closed and Crowded spaces, and Close contact)” situations. - Ensure a well-ventilated environment and sanitize hands frequently - Wear a mask when conversing loudly in a place where it is not possible to maintain an interpersonal distance of more than one (1) meter. - Refrain from unnecessarily entering hospital premises (including stores, coffee shops, food court, outpatient waiting area and central pathway in the hospital) as well as clinical departments and hospital offices/departments. - Proactively receive recommended vaccines for infectious diseases. <p>*Hospital/Clinical trainees should take extra precautions regarding their own behaviors.</p>

Meals with others, etc.	<ul style="list-style-type: none"> - Refrain from participating in meals with others if you have the symptoms such as fever, cough, sore throat, stomach pain, diarrhea or any other symptoms of illness, or if you had contact with a person(s) infected or suspected to be infected with COVID-19. - Whenever possible, care should be taken to avoid the occurrence of “3-C’s (Closed and Crowded spaces, and Close contact)” situations. - Ensure a well-ventilated environment and sanitize hands frequently - Wear a mask when conversing loudly in a place where it is not possible to maintain an interpersonal distance of more than one (1) meter.
Part-time jobs	<p><u>The following part-time jobs are prohibited for hospital/clinical trainees while other students should voluntarily refrain from these jobs:</u></p> <ul style="list-style-type: none"> - Karaoke parlors, restaurants with Karaoke service - <u>Bars/clubs with adult entertainment (cabaret, girls’ bar, host club, etc. in the so-called “nightlife district”)</u> - <u>Restaurants serving alcohol</u>
Vaccination	For vaccines recommended for health care professionals, proactively receive these vaccines unless instructed to refrain from vaccination.
Proactive cooperation to prevent the spread of infections	Promptly and proactively follow the instructions of the Instruction and Student Section of each faculty/graduate school, such as medical consultation and testing, as well as requests to investigate sources of infection and contacts.

[INQUIRY] Instruction and Student Section of each faculty/graduate school